

## KEY FINDINGS

Arizona's Asian residents ranked best among ethnic groups in the overall health status, followed by non-Hispanic whites, Hispanics, American Indians and Blacks.

### BLACKS

**Average score: +71.9\***      **Average rank: 4.1\*\***

Arizona Black residents had the lowest rank of overall health status because they ranked 5<sup>th</sup> or 4<sup>th</sup> among the five ethnic groups on 52 of 67 measures. High infant mortality rate, high ratios of low-birthweight and very low-birthweight births, high incidence of many reportable diseases, high mortality rates for almost all of the leading causes of death and high rate of premature death all lowered the ranking for this population group.

---

\* The average score based on all 67 measurements (the sum of all scores divided by 67 measurements). See section SCORES, p.87

\*\* The average rank based on all 67 measurements (the sum of the ranks divided by 67 measurements. Ranks range between 1 = the highest rank of health indicators and 5 = the lowest rank of health indicators). See section RATES AND RATIOS, p.82

### AMERICAN INDIANS

**Average score: +54.7**      **Average rank: 3.7**

American Indians in Arizona had the second lowest rank of overall health status. They ranked poorly on measures of maternal lifestyle and health as well as in utilization of prenatal care. High infant mortality, diabetes, motor vehicle accidents and mortality from unintentional injuries contributed to the premature death rate. This resulted in American Indians having the second lowest ranking in the relative healthiness among racial and ethnic groups in Arizona.

### HISPANICS

**Average score: +4.8**      **Average rank: 3.0**

Hispanics achieved a 3<sup>rd</sup> place health ranking, with a score only slightly higher than that of non-Hispanic whites. Hispanics ranked in the middle of five groups on 25 of 67 measures of health. They ranked worse than average in poor utilization of early prenatal care, high teen pregnancy rates, and high premature mortality. They ranked better than average with low suicide mortality rate, low mortality from unintentional injuries, low alcohol and tobacco use among women giving birth, and in total mortality.

### NON-HISPANIC WHITES

**Average score: -7.4**      **Average rank: 2.1**

Non-Hispanic whites ranked second best in the relative healthiness among ethnic groups in Arizona. They ranked No.1 or No.2 on 36 of 67 measures of health, including low teen pregnancy rates, high utilization of prenatal care and low premature mortality. However, in the use of tobacco among women giving birth and in mortality rates for chronic obstructive pulmonary disease and coronary heart disease, non-Hispanic whites ranked worst among ethnic groups.

## **ASIANS**

**Average score: -42.8**

**Average rank: 1.5**

Many factors contributed to Asians' No.1 relative health ranking. They ranked best among ethnic groups on measures of maternal lifestyle and health, cause-and-age- specific mortality, and in low incidence of reportable diseases. Asians ranked second best in utilization of prenatal care services and second with a low rate of premature death.